

1 **Association between active pulmonary tuberculosis and circulating microRNAs: A**
2 **preliminary study from Turkey**

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9 **Informed consent**

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1 **Association between active pulmonary tuberculosis and circulating microRNAs: A**
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3 **Abstract**

4 **Background/aim:** Tuberculosis is a public health problem that still remains significant.
5 For prevention, diagnosis and treatment of tuberculosis more effective novel biomarkers
6 are needed. MicroRNAs can regulate innate and adaptive immune responses, alter host-
7 pathogen interactions and affect progression of diseases. The relationship between
8 microRNA expression and active pulmonary tuberculosis (APT) has not been
9 investigated in Turkish population yet. We aimed to test the potential diagnostic value of
10 some microRNAs whose levels were previously reported to be altered in APT patients.

11 **Materials and methods:** Using two different references (U6 and miR-93), we compared
12 the expression levels of potentially important microRNAs in serum of APT patients with
13 healthy individuals using quantitative polymerase chain reaction (qPCR).

14 **Results:** miR-144 expression level was down-regulated in APT patients when either U6
15 or miR-93 was used for normalization. When data was normalized with miR-93, a
16 statistically significant decrease in miR-125b (0.8 fold) and miR-146a (0.7 fold)
17 expression levels were observed, while no differences were detected for U6. Receiver
18 operating characteristic suggested that miR-144 may be a candidate biomarker for
19 discriminating APT patients and controls ($p < 0.05$) both for U6 and miR-93.

20 **Conclusion:** These findings suggest that miR-144 can have potential as a biomarker for
21 APT. Using a single reference may be misleading in evaluation of microRNA expression.
22 U6 and miR-93 can be used in combination as references for normalization of serum
23 microRNA expression data.

1 **Key words:** Circulating-microRNAs, active pulmonary tuberculosis, biomarker,
2 *Mycobacterium tuberculosis*

3 **1. Introduction**

4 *Mycobacterium tuberculosis* (Mtb), the causative agent of tuberculosis, is estimated to be
5 responsible for ten million new cases of tuberculosis (TB) and approximately 1.5 million
6 deaths in 2018 throughout the world. Tuberculosis is still one of the top 10 causes of death
7 worldwide¹. Early diagnosis of TB infection is important to prevent the spread of disease
8 and for its' treatment. In addition to the PCR-based molecular tests such as GenXpert
9 (Cepheid), Mtb culture is currently accepted as the gold standard for TB diagnosis. Mtb
10 isolation is time-consuming and microscopic analysis can yield subjective results.
11 However, sensitive molecular diagnostic techniques such as PCR are only available in
12 well-equipped laboratories. Due to the limited access to molecular diagnostic tools,
13 simpler methods that allow for detection of stably expressed novel biomarkers are
14 required [1-3].

15 In recent years microRNAs (miRNAs) have been investigated for their potential role in
16 the area of TB diagnosis. MicroRNAs are small non-coding RNA molecules which are
17 known to modulate in RNA interference and which affect to protein translation or decay
18 mRNA. It is known that miRNAs effect epigenetic mechanisms affecting by DNA
19 methyltransferases, histone deacetylases and histone methyltransferases. They also play
20 roles in DNA methylation, RNA and histone modifications. The interactions of miRNAs

¹ World Health Organization (2019). Global Tuberculosis Report [online]. Website
https://www.who.int/tb/publications/global_report/en/ [accessed 21 July 2020].

1 and epigenetic mechanisms are reported as very important for modulating cell
2 proliferation, apoptosis, differentiation and regulation of immune response mechanisms
3 [4-6]. Therefore these molecules are shown to be involved in modulating various
4 biological and pathological processes such as inflammation, cancer, and infectious
5 diseases [7-9]. More importantly, miRNAs are found to be stable in serum and plasma
6 samples which are suitable for long-term storage. In the last decade, a number of
7 researchers have reported that changes in the miRNA expression profiles in bodily fluids
8 can reflect TB pathologies and immunological modulation [6, 10-34].

9 Despite their potential in TB diagnosis, association between miRNA levels and TB
10 infection has not been investigated in Turkish patients to date. In this respect, we aimed
11 to compare the changes in the serum miRNA levels between TB patients and the control
12 group. 11 miRNAs had been selected to be tested for their diagnostic potential based on
13 a literature survey analysis. These miRNAs were reported to show altered expression
14 during TB infection as well as being involved in the regulation of inflammatory responses
15 against TB [12-34]. The roles of these miRNAs have been summarized in Table 1 [35-
16 38].

17 It is well known that normalization of data against a reliable reference is the most critical
18 step of RT-qPCR experiments. Considering that some researchers reported variations in
19 the most commonly used U6 reference [39, 40], we also aimed to include a second
20 alternative reference. Some researchers suggested alternative references for
21 normalization in TB studies such as miR-16 [12], MammU6, RNU44 and RNU48 [16],
22 let-7 [41]. However, as U6 has been used in majority of studies [14, 17, 23, 25], in this
23 study U6 is preferred for normalization. Moreover, Barry et al., (2015) reported that
24 significant variability in miRNA levels across Australian and Chinese populations,

1 independent of disease status. They showed that miR-93 was a suitable reference for
2 normalizing miRNA in plasma of TB patients [42]. Therefore, we used more than one
3 reference to be able to provide more reliable data.

4 **2. Materials and methods**

5 **2.1.Study design**

6 We performed a literature survey by reviewing 23 articles which investigated the changes
7 in miRNA expression profiles in TB patients from around the world (Table 2) [12-34].
8 Among the differentially expressed miRNAs, the most frequently reported and clinically
9 confirmed ones were selected such as miR-29, miR-21, miR-146a, miR-223, miR-142,
10 miR-125b, miR-144, miR-155, miR-99, miR-361, miR-582-5p (Table 2) for testing in a
11 study group consisting of 20 TB patients and 20 healthy controls from Turkey.

12 **2.2.Ethics statement**

13 This study was performed in accordance with guidelines of the Ethics Committee of
14 Yedikule Chest Diseases and Thoracic Surgery Training and Research Hospital, Istanbul
15 (Approval 2016/60). Informed consent was obtained from all participants prior to
16 beginning the study.

17 **2.3.Human subjects**

18 A total of 40 participants were recruited in this study. Twenty patients with active
19 pulmonary TB who presented to “Yedikule Chest Diseases and Thoracic Surgery
20 Training and Research Hospital, Istanbul” between September 2017 and May 2018 were
21 included in the study [5 females and 15 males; the median age of active pulmonary
22 TB patients was 34.50 (22.50-38.50)]. Eligibility for patients’ entry into the study
23 included the presence of the typical symptoms for pulmonary TB and *M.tuberculosis*

1 positive culture test results. Patients who had diabetes, cancer and other pulmonary
2 diseases or co-infection with other pathogens and/or receiving anti-tuberculosis treatment
3 were excluded [14, 27, 31]. Twenty healthy subjects (15 males and 5 females) free of
4 active or latent TB infection and who did not display any clinical symptoms of any other
5 infectious or non-infectious diseases were recruited as controls [the median age of
6 controls was 30 (28-35)]. A questionnaire was verbally administered to healthy controls
7 and those who declared not having a history of tuberculosis were included in this study.
8 Prior exposure of healthy individuals to TB was not further investigated by using
9 QuantiFERON-TB Gold (QFT®) and/or purified protein derivative (PPD) tests. None of
10 the participants had received any drugs at the time of blood collection. No significant
11 difference was found between the two groups, with respect to gender, age and smoking
12 distribution (Table 3).

13 **2.4. RNA extraction and quantitative PCR**

14 Blood sample (~5 ml) was drawn into a sterile polyolefin resin tube without anticoagulant
15 for RNA isolation. Serum separation and RNA extraction were performed within 2 hours
16 after blood collection. RNA extraction from serum samples was performed using the
17 miRCURY™ RNA isolation kit—Biofluids (Exiqon, Denmark) according to
18 manufacturer's instructions. RNA quality and concentration were determined with a
19 NanoDrop 2000 spectrophotometer Thermo Scientific (Waltham-USA). Reverse
20 transcription was carried out using miRCURY LNA™ Universal TR microRNA PCR kit
21 (Exiqon, Denmark) according to the manufacturer's instructions and reactions were
22 performed in a thermal cycler (42°C for 60 min. and 95°C for 5 min). After reverse
23 transcription step, cDNAs were diluted to 1/40.

1 Quantitative PCR reactions were carried out using miRCURY LNA™ Universal RT
2 microRNA PCR kit in a BIORAD instrument (Bio-Rad, Hercules, CA, USA) according
3 to the instructions of the manufacturer. PCR conditions were as follows: 95°C 10 min,
4 followed by 40 cycles at 95°C for 10 s and 60 °C for 1 minute. Total PCR volume was
5 10 µl. Normalization was performed separately using both U6 small nuclear RNA level
6 and miR-93 levels. Ct values over 40 were not considered significant. The experiments
7 were conducted in duplicates and the results were presented as fold change for each
8 miRNA. Calculations were made using the $2^{-\Delta\Delta Ct}$ method. Sensitivity and accuracy of the
9 protocol were tested at different levels by performing melting curve analysis, using spike
10 RNA as control or amplification curves of serial dilutions for the target miRNAs. Primer
11 sequences can be provided upon request.

12 **2.5.Statistical analysis**

13 In order to calculate the sample size, priori power analysis was performed. Power analysis
14 was performed under G*Power 3.1². Shapiro Wilk test was used for assessing whether
15 the variables follow normal distribution or not. According to the normality test results,
16 Mann Whitney U test was used in comparison between two groups. Pearson Chi-Square
17 test and Fisher's exact test were used for comparing categorical variables. In order to
18 evaluate the diagnostic accuracy, we used receiver operating characteristic (ROC) curve
19 analysis. SPSS (IBM Corp. Released 2012. IBM SPSS Statistics for Windows, Version
20 21.0, Armonk, NY: IBM Corp.) and MedCalc v.12.3.0.0 were used for statistical analysis
21 and a p-value <0.05 was considered statistically significant. The area under the curve

² G*Power (2020). [online]. Website <http://www.gpower.hhu.de/> [accessed 21 July 2020].

1 (AUC) and 95% confidence intervals (CI) were calculated for specificity and sensitivity.
2 For ROC analysis we applied the generally accepted criteria, values between 90 to 100%
3 are accepted excellent, 80–90% good, 70–80% fair, 60–70% poor and 50–60% bad (or
4 failed) in general.

5 **3. Results**

6 Based on our literature survey (Table 2) we have selected 11 miRNAs for evaluation of
7 their diagnostic potential in TB patients from Turkey. For this purpose, we compared the
8 expression levels of these target miRNAs between patients and the control group via
9 qPCR as explained under Materials and methods section.

10 Although no reliable reference has been proposed for normalization of circulating
11 miRNAs, U6 and miR-93 were previously used as endogenous controls due to their
12 relatively stable expression levels in TB patients [14, 18, 31, 42]. Thus, both U6 and miR-
13 93 references for normalization of miRNA expression data were included in this study.
14 The Ct values for U6 and miR-93 examined in tuberculosis and healthy control groups
15 were shown in Figure 1.

16 In agreement with previously reported data, it was found that the expression levels of
17 miR-29, miR-21, miR-146a, miR-223, miR-142, miR-125b, miR-155, miR-99, miR-361,
18 miR-582-5p were altered in TB patients as seen in Table 4. However, only the changes
19 in miR144 expression level (-0.8 fold, $P < 0.05$) were found to be statistically significant
20 when data was normalized against U6 expression level (Figure 2a and Figure 2b).

21 When the levels of the target miRNAs in serum were normalized by miR-93, statistically
22 significant changes were detected in the expression levels of miR-144 (-0.9, $p < 0.05$),
23 miR-125b (-0.8, $p < 0.05$) and miR-146a (-0.7, $p < 0.05$). No significant difference was
24 detected in the expression levels of other miRNAs (Table 5).

1 However, when the expression data were normalized by both U6 and miR-93 only the
2 expression level of miR-144 was found to be statistically significant (-0.8; $p < 0.05$ and -
3 0.9; $p < 0.05$ respectively) (Figure 2b). Hence, it was decided that only miR-144 was
4 suitable for further analysis.

5 In the next step, the diagnostic potential of miR-144 was evaluated by ROC analysis. In
6 order to test the potential of both references, we also compared the results obtained from
7 normalization by U6 or miR-93 separately. Our findings demonstrated that miR-144
8 could distinguish active pulmonary TB from controls with an AUC (the area under the
9 curve) of 0.72 (95 % CI 0.560-0.880, $p:0.017$) (Figure 3), based on data obtained from
10 normalization with U6. Similarly, when data from miR-93 normalization was used for
11 ROC analysis, miR-144 could discriminate active pulmonary TB from controls with an
12 AUC of 0.79 for miR-144 (95 % CI 0.644-0.936, $p:0.002$) (Figure 3). Suggesting that
13 miR-144 can be a candidate for discriminating the active TB group from the healthy
14 controls.

15 Moreover, we also determined the diagnostic potential of miR-146a and miR-125b by
16 ROC analysis. Our findings suggested that miR-146a distinguish active pulmonary TB
17 from healthy controls with an AUC of 0.69 (95 % CI 0.530-0.865, $p:0.033$) and miR-
18 125b distinguish active pulmonary TB from healthy controls with an AUC of 0.70 (95
19 % 0.533-0.867, $p:0.03$) based on data provided from normalization with miR-93.

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1 **4. Discussion**

2 Tuberculosis is a global health problem with high rates of mortality and morbidity. WHO
3 reported that TB is one of the top causes of death worldwide¹. Rapid and accurate
4 diagnosis of TB is important to prevent the spread of this disease. However, molecular
5 diagnostic techniques (PCR, Western Blot, microarray, etc.) are only available in a small
6 number of laboratories. Due to the limited access to the molecular diagnostic tools easier
7 methods that allow for detection of stably expressed novel biomarkers are required for
8 diagnosis and prognosis of TB [1-3].

9 Detection of stable miRNAs in bodily fluids has opened new avenues for their usage as
10 biomarkers for a number of diseases including TB [7, 8, 12-34, 43, 44]. Recent studies
11 also demonstrated that miRNAs can have immune-modulatory roles. For instance, a
12 number of miRNAs were shown to be involved in host-pathogen interactions and
13 inflammatory responses [6, 7, 9, 35-37]. Tuberculosis is defined as granulomatous
14 inflammation which involves inflammatory cells and various host factors. These
15 inflammatory cells can secrete miRNAs into the serum [6, 12, 16] and recent findings
16 suggest that these circulating miRNAs can serve as useful clinical biomarkers [9, 12-34].
17 A number of different miRNAs are reported to be associated with TB infections and some
18 of the most important ones are summarized in Table 2. Despite a wealth of information
19 on this subject, the association between the changes of serum miRNA levels during TB
20 has not been investigated in Turkish patients so far.

¹ World Health Organization (2019). Global Tuberculosis Report [online]. Website https://www.who.int/tb/publications/global_report/en/ [accessed 21 July 2020].

1 Selection of proper references for normalization is crucial for accurate analysis of qPCR
2 data. U6 RNA is the widely accepted reference for normalization of miRNA expression
3 levels [14, 18, 31, 42]. However, U6 expression levels have also shown to vary depending
4 on the types of diseases, technical variations or personal characteristics [39, 40]. MiR-93
5 has been recently suggested as an alternative reference RNA by Barry et al, 2015 [42].
6 However, some studies also reported conflicting results for miR-93 [14]. The
7 discrepancies may originate from the procedures used for obtaining, handling and storing
8 the specimens. Some other studies also suggest variations in miRNA levels based on
9 ethnical background [16, 42, 45, 46]. In this sense, to be able to get more reliable and
10 accurate results, we have also included miR-93 for data normalization in addition to U6
11 RNA.

12 Firstly, we analyzed our findings by normalizing data against the widely used U6 RNA
13 levels. In accordance with the previous reports [14, 16, 21, 31], we found that serum levels
14 of miR-144 were significantly down-regulated (-0.8 fold, $P < 0.05$) in active TB patients
15 when compared to healthy group (Table 4). However, despite the obvious decreases in
16 the mean expression levels of miR-29, miR-21, miR-146a, miR-223, miR-142, miR-
17 125b, miR-155, miR-99, miR-361 and miR-582-5p in TB patients, these changes were
18 not found to be statistically significant. Normalization of data against miR-93, yielded
19 significant changes in the expression levels of miR-144 (-0.9, $p < 0.05$), miR-125b (-0.8,
20 $p < 0.05$) and miR-146a (-0.7, $p < 0.05$) (Table 5). When we normalized the expression data
21 both for U6 and miR-93, only the expression level of miR-144 was found to be
22 statistically significant (-0.8; $p < 0.05$ and -0.9; $p < 0.05$ respectively) (Table 4 and Table
23 5). In agreement with the previous observations by different research groups, miR-144
24 levels were frequently reported to be altered in TB patients (Table 2). For instance, miR-

1 144 was previously shown to be expressed in T cells and this miRNA is proposed as a
2 potential biomarker candidate for TB diagnosis [13, 17, 25].

3 In general, despite the slight discrepancies, miRNA expression patterns were found to be
4 very similar when normalization was made either against U6 or miR-93 (Table 4 and
5 Table 5). Thus, usage of both U6 and miR-93 as two different references seems to be a
6 suitable and reliable approach for data normalization of miRNA expression.
7 Accordingly, Barry et al., 2015 and Barry et al., 2018 suggested that miR-93 could be
8 used as an alternative reference miRNA for data normalization [18, 42].

9 The receiver operating curve (ROC) is a tool which can be employed for testing the
10 performance and potential of biomarker candidates. Hence, we assessed the diagnostic
11 potential of miR-144 by ROC analysis. Since both U6 and miR-93 were used for
12 normalization, we also compared the ROC data separately for these two different
13 references. Based on data obtained from normalization with U6, we showed that miR-
14 144 could distinguish active pulmonary TB from healthy participants with an AUC (the
15 area under the curve) of 0.72 (95 % CI 0.560-0.880, p: 0.017). Similarly, when data from
16 miR-93 normalization was used for ROC analysis, miR-144 could discriminate active
17 pulmonary TB from healthy controls with an AUC of 0.79 for miR-144 (95 % CI 0.644-
18 0.936, p: 0.002) (Figure 3). In agreement with previous studies [13, 17, 25], our findings
19 suggest that miR-144 can hold the potential to be a candidate for discriminating the active
20 TB group from the healthy participants.

21 As mentioned earlier, in addition to miR-144, the expression levels of miR-125b and
22 miR-146a were also altered in TB patients when the normalization was performed with
23 miR-93 (Table 5). Some researchers pointed that miR-144 has a potential as a biomarker
24 for TB [13, 17, 25], it was reported that miR-125b may be used for identifying TB [13,

1 14, 31, 33]. In addition to these results, other reports have concluded that miR-146a is
2 related TB pathologies [14, 16, 18, 21] consistent with these results. It appears that
3 miRNA expression levels differ greatly according to both ethnic groups and the clinical
4 samples examined [16, 42, 45, 46]. For this reason, it is necessary to determine the
5 miRNA variability on the basis of ethnicity and confirm clinical samples which are
6 suitable for TB diagnosis.

7 In addition to these results, we sought to get a preliminary view of the possible pathways
8 that these miRNAs might be involved. In this sense, we performed a target gene
9 prediction analysis using online bioinformatics tools ^{3,4}.

10 In agreement with the previous reports [13, 25], our analysis also revealed that genes
11 (mRNAs) involved in toll-like receptor signaling pathway, Jak-STAT signaling pathway,
12 NOD-like receptor signaling pathway, apoptosis and pro-inflammatory cytokines might
13 have been among the high-priority targets for these miRNAs (Figure 4). Unfortunately,
14 we were not able to experimentally validate the changes in these target pathways.

15 In conclusion, we found that the expression level of miR-144 was lower in serum samples
16 of TB patients when compared to healthy controls. In contrast, Liu et al., (2011) reported
17 that miR-144* was up-regulated in T cells of active TB patients compared with healthy
18 controls [25]. Similarly, Lv et al., (2016) showed that miR-144 levels of TB patients in

³TarBase v7.0-DIANA TOOLS (2020). [online]. Website <http://diana.imis.athena-innovation.gr/DianaTools/index.php>. [accessed 21 July 2020].

⁴miRDB (2020). MicroRNA target prediction database [online]. Website <http://www.mirdb.org/cgi-bin/search.cgi> [accessed 09 November 2020].

1 sputum and serum samples were higher than healthy controls when measured before
2 treatment for TB. They also reported that sputum and serum miR-144 levels were
3 significantly lower in TB patients after treatment [17]. In addition, Spinelli et al., (2013)
4 reported that the expression levels of miR-144 were altered in PBMCs and pleural fluid
5 mononuclear cells [21]. However, we could not confirm an increase in the expression of
6 miR-144 as suggested by Lv et al., 2016 [17], Liu et al., 2011 [25]. In general, our
7 observations were in line with the previous reports [13, 17, 25]. The changes in the miR-
8 144 expression levels seem to have a potential for TB diagnosis. Since there is no data
9 available on the changes in miRNA profiles of TB patients from Turkey, we could not
10 compare our findings with findings from the Turkish population.

11 In this sense, ethnicity can also play a role in these discrepancies. However, it will not be
12 possible to draw accurate conclusions with data obtained from small sample size. We are
13 currently trying to expand our findings in a larger sample size where additional control
14 groups for distinct infectious diseases, non-infectious lung diseases and healthy controls
15 that are free of latent TB infection are included. These points are also the limitations of
16 our study. Today, it is still not clearly understood which underlying mechanisms are
17 involved in transition from latent TB to active TB. Some authors reported that active and
18 latent TB could affect similar pathways. At this point, the detection of which miRNAs
19 are different for these diseases is important for clarifying accurate marker(s) for TB.
20 Several studies of miRNA expression levels in serum/plasma and blood cells have been
21 performed that included subjects with active, latent TB and healthy controls [19, 23, 27,
22 28]. Fu et al. 2014, Ndzi et al., 2019 and Wang et al., 2011 reported similar miRNA
23 expression trends for miR-29 and miR-451 which were observed in both active and latent
24 TB groups compared to the controls [19, 23, 27]. Furthermore, miR-29a, miR-29b, miR-

1 29c, miR- 451, miR-340, miR-424, miR-361, miR-365, miR-155, miR-196-5p, miR-144,
2 miR-223 and miR-21 were reported to be upregulated in active TB compared to latent TB
3 group [19, 23, 27, 28] while miR-150-5p, miR-4292 were found to be down-regulated
4 [19, 23, 27, 28]. Therefore, some miRNAs were described to be important for
5 discriminating active TB and latent TB. However, sample size and the use of additional
6 control groups seem to be the limiting factors for validation of these markers.

7 We believe that a whole miRNA profiling study should also be necessary for determining
8 novel miRNA candidates as well as validation of the targets at the mRNA or protein level.
9 More importantly, comparison of changes before and after treatment can also reveal
10 valuable information.

11 Despite the limitations discussed above, this is the first preliminary study in Turkey which
12 investigated the changes in the miRNA levels in TB patients. We found that miR-144
13 can be a suitable candidate for its' further evaluation as a potential biomarker for TB. We
14 also showed that U6 and miR-93 can be used in combination as reference for
15 normalization of serum miRNA expression data.

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1 **Tables**

2 **Table 1. MiRNAs associated with tuberculosis and their roles in immunity**
 3 **against TB**

MiRNAs	The roles
miR-29a	The inhibition of interferon- γ
miR-21	The suppression of IL-1 β and increasing of IL-10
miR-146a	Induction of intracellular growth of bacilli, the inhibition of TNF- α , IL-1 β , IL-6
miR-223	The suppression of apoptosis and inhibition of IL-6
miR-142	The suppression of <i>M. tuberculosis</i> phagocytosis
miR-125b	The reduction of inflammatory responses via TNF- α
miR-144	Inhibition of interferon- γ ,TNF- α and T cell proliferation
miR-155	Promotes Th17 differentiation and Interferon- γ production in CD4 ⁺ and CD8 ⁺ T cells and affecting of apoptosis
miR-99	The suppression of pro-inflammatory cytokine production in dendritic cells
miR-361-5p	Targets SP-1 transcription factor (SP1) that is defined as a key signaling pathway for IL-10 expression in the lung
miR-582-5p	The inhibition of monocyte apoptosis

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1 **Table 2. MiRNAs associated with tuberculosis in our literature review**

MiRNAs	Serum	Plasma	Sputum	PBMC*	PFMC*	CSF*	T Cells	Whole Blood	Neutrophil	Monocytes and Macrophages
miR-29a	Fu et al., 2011 [14] Draz et al., 2014 [15] Qi et al., 2012 [12]	Barry et al., 2018 [18]	Fu et al., 2011 [14]	Pan et al., 2017 [20] Spinelli et al., 2013 [21]		Pan et al., 2017 [20]	Kleinstauber et al., 2013 [26] Fu et al., 2014 [27]	Latorre et al., 2015 [28]		
miR-21		Barry et al., 2018 [18]		Xu ve ark., 2013 [22] Wang et al., 2011 [23]			Kleinstauber et al., 2013 [26]			

			Wu et al., 2014 [24]		
miR-146a	Fu et al., 2011 [14] Miotto et al., 2013 [16]	Barry et al., 2018 [18]	Spinelli et al., 2013 [21]	Spinelli et al., 2013 [21]	
miR-223			Wang et al., 2011 [23] Spinelli et al., 2013 [21]	Spinelli et al., 2013 [21]	Xi et al., 2015 [29]
miR-142			Spinelli et al., 2013 [21]		Kleinsteuber et al., 2013 [26]

miR-125b	Fu et al., 2011[14] Wang et al., 2016 [33]		Yi et al., 2012 [31]			Zhou et al., 2016 [13]
miR-144	Lv et al., 2016 [17]	Ndzi et al., 2019 [19]	Lv et al., 2016 [17]	Liu et al., 2011 [25]	Spinelli et al., 2013 [21]	Zhou et al., 2016 [13]
miR-155	Fu et al., 2011[14]	Ndzi et al., 2019 [19]		Spinelli et al., 2013 [21]		Huang et al., 2015 [30]
miR-99b		Barry et al., 2018 [18]	Yi et al., 2012 [31]			van Rensburg et al., 2018 [32]

miR-361-5p	Qi et al., 2012 [12] Draz et al., 2014 [15]	Ndzi et al., 2019 [19]	Latorre et al., 2015 [28]
miR-582-5p	Fu et al., 2011 [14] Yi et al., 2012 [31]		Liu et al., 2013 [34]

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2 *PBMC: Peripheral Blood Mononuclear Cells, PFMC: Pleura Fluid Mononuclear Cells, CSF: Cerebrospinal Fluid

1 **Table 3. Characteristics of participants**

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		Patient group (n=20)	Healthy control group (n=20)	p-value
Age (years)	Median	34.50 [22.50-38.50]	30 [28-35]	0.758 ^a
	[first IQ-third IQ]			
Gender (%)	Female	5 (25%)	5 (25%)	>0.99 ^b
	Male	15 (75%)	15 (75%)	
Smoker (%)	Positive	16 (80%)	17 (85%)	>0.99 ^c
	Negative	4 (20%)	3 (15%)	
Gender (%)	Female	5 (25%)	5 (25%)	>0.99 ^b
	Male	15 (75%)	15 (75%)	
Smoker (%)	Positive	16 (80%)	17 (85%)	>0.99 ^c
	Negative	4 (20%)	3 (15%)	

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4 ^a: Mann Whitney U test, ^b: Pearson Chi-Square test, ^c: Fisher's Exact test

1 **Table 4. Fold change distributions in miRNA expression levels when data**
 2 **normalized against U6 RNA *(p: 0.017)**

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miRNAs		Fold changes in patients with active pulmonary TB compared to healthy controls	
miR-29a			-0.52
miR-21			-0.20
miR-146a			-0.61
miR-223			0.13
miR-142			-0.19
miR-125b			-0.69
miR-144			-0.86*
miR-155			-0.13
miR-99b			-0.24
miR-361-5p			0.20
miR-582-5p			-0.13

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1 **Table 5. Fold change distributions in miRNA expression levels when data**
 2 **normalized against miR-93 (*p: 0.033, ■p: 0.03, ♦p: 0.002)**

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miRNAs	Fold changes in patients with active pulmonary TB compared to healthy controls
miR-29a	-0.62
miR-21	-0.57
miR-146a	-0.79*
miR-223	-0.40
miR-142	-0.57
miR-125b	-0.83■
miR-144	-0.92♦
miR-155	-0.53
miR-99b	-0.60
miR-361-5p	-0.36
miR-582-5p	-0.54

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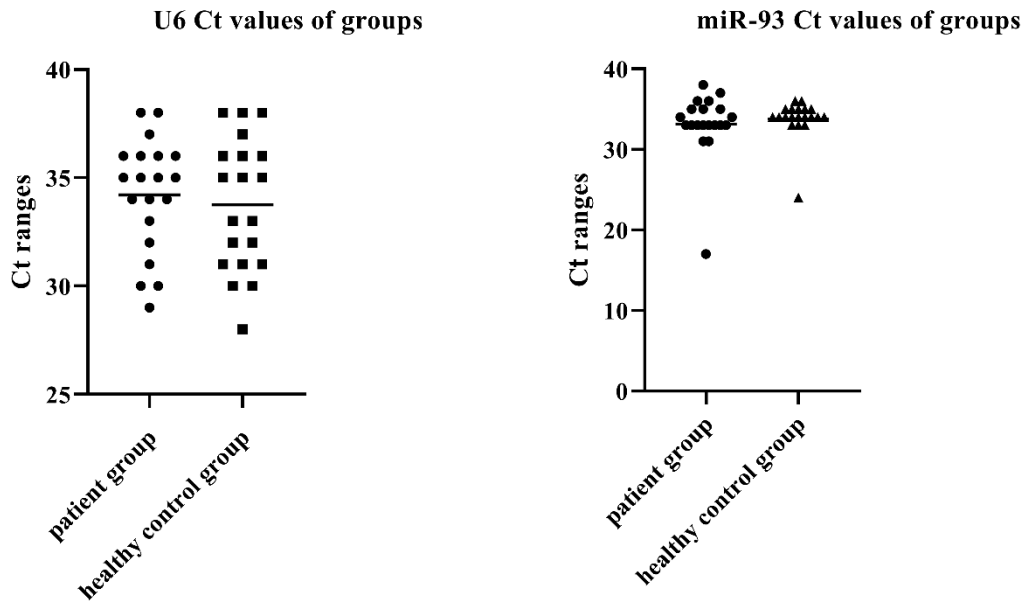
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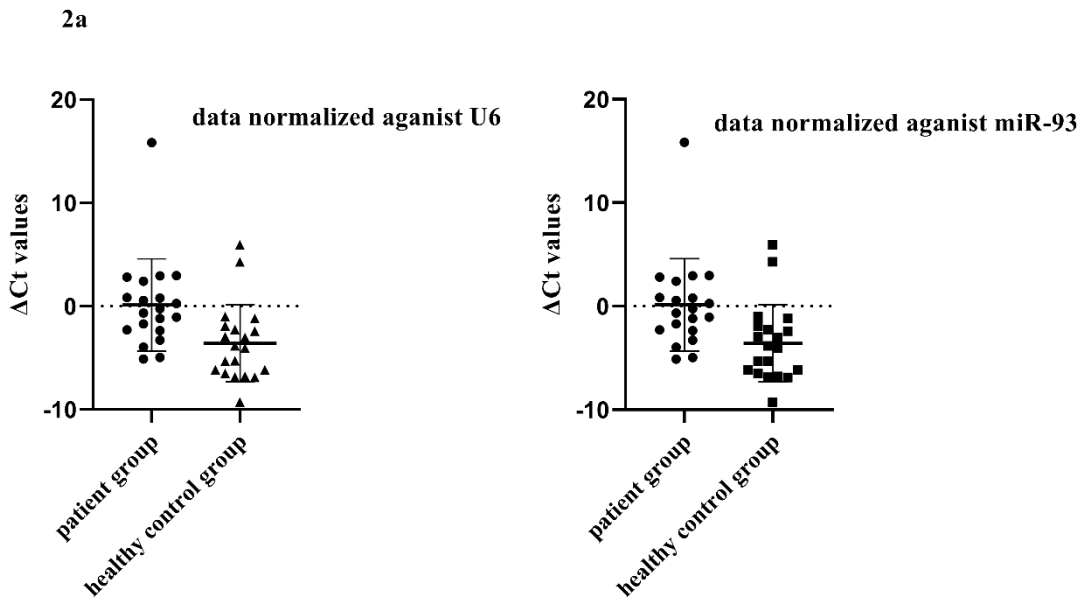
1 **Figures**



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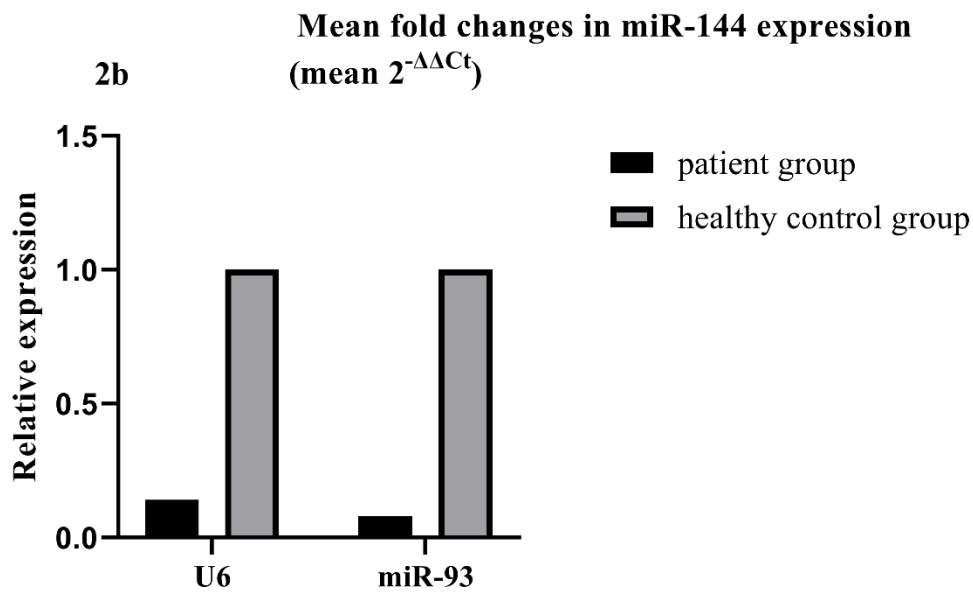
3 **Figure 1. The Ct values of U6 and miR-93 in patient and healthy control groups**

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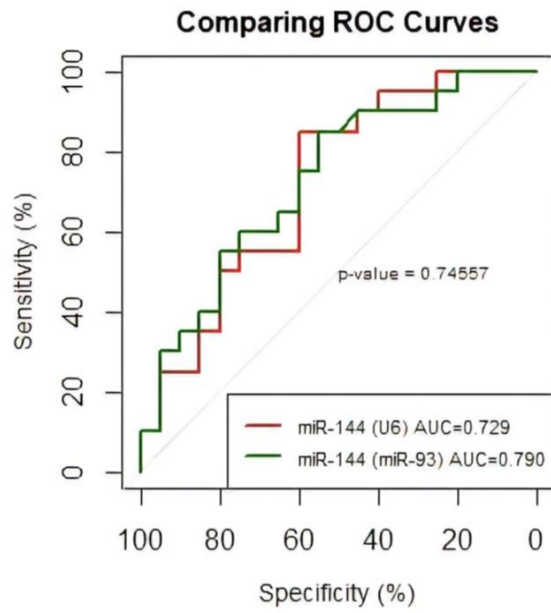


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1 **Figure 2a. Distribution of miR-144 Δ Ct values among the patient and the healthy**
2 **control groups.** When data were normalized against **U6**, STD values for the healthy
3 control and the patient groups were 2.88 and 3.76, respectively. When data were
4 normalized against **miR-93**, STD values for the healthy control and the patient groups
5 were 4.45 and 3.73, respectively.
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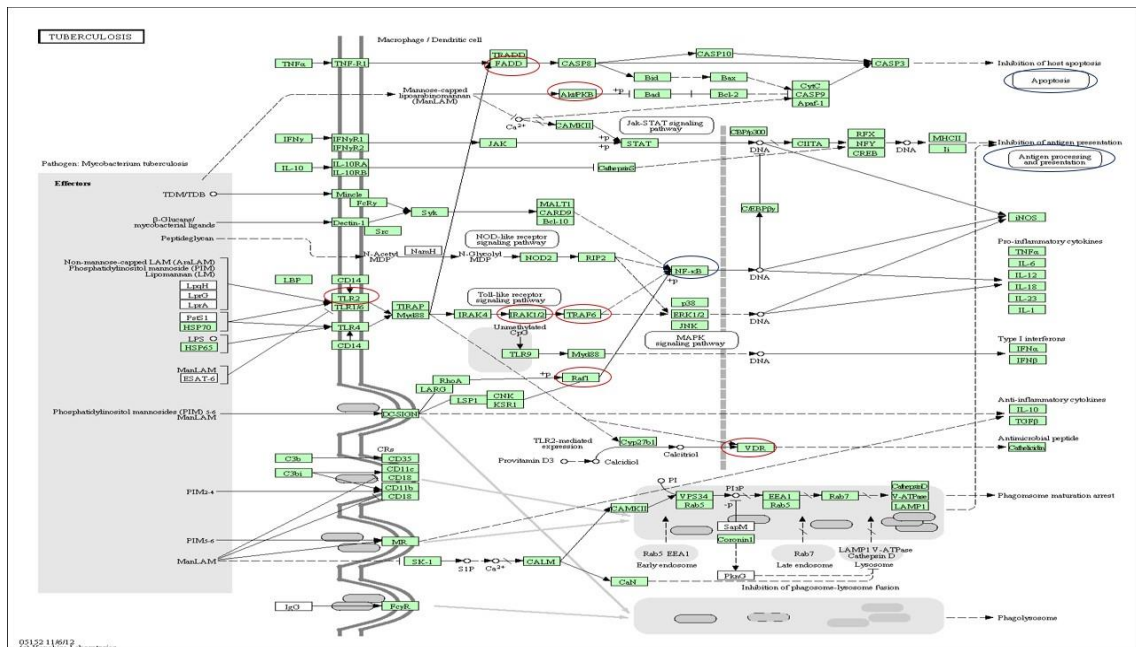


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8 **Figure 2b. Changes in mean miR-144 expression levels in serum samples.** Data were
9 normalized against U6 (p: 0.017) or miR-93 (p:0.002) and statistical significance was
10 tested by Manny Whitney U-test.
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Figure 3. Comparison of ROC curves for miR144. Data obtained from normalization by both U6 and miR-93.



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1 **Figure 4. Analysis of miRNA (miR-144, miR-146a and miR-125b) targets in DIANA**
2 **tools database which are involved in TB response³.**

3 Genes highlighted in red circles indicate the targets of miR-125b and miR-146a³. Genes
4 shown in dark blue circles show putative targets of miR-144, which may indirectly play
5 a role in the pathway (encoded by TNFRSF11A, CIAPIN1, SH3GLB1, and SH2D1B
6 genes)⁴. NF- κ B is found to be the common target for miR-125b, miR-144 and miR-
7 146a^{3,4}.

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³TarBase v7.0-DIANA TOOLS (2020). [online]. Website <http://diana.imis.athena-innovation.gr/DianaTools/index.php>. [accessed 21 July 2020].

⁴miRDB (2020). MicroRNA target prediction database [online]. Website <http://www.mirdb.org/cgi-bin/search.cgi> [accessed 09 November 2020].