

1 **Utilization of biotechnological drugs in rare diseases requiring use of**
2 **off-label drugs in children in Turkey**

3 **Abstract**

4 **Background/aim:** Pediatric patients, especially with rare diseases, represents a
5 population which has high tendency towards off-label drug use (OLDU) and needs a
6 careful practice of pharmacotherapy than in adults. We aimed to investigate
7 biotechnological drug use in children with rare diseases requiring OLDU.

8 **Materials and Methods:** This retrospective study examined all single-diagnosed
9 OLDU applications (n=5792) for 4992 children (<18-year) in Turkey. Applications of
10 rare diseases were selected, and their descriptive characteristics were examined
11 including demographic features of patients, biotechnological drug utilization status, and
12 disease categories. The off-label status of the drugs at the end of 2020 was also
13 examined.

14 **Results:** In total, 77.7% (n=4501) of OLDU applications were made for rare diseases.
15 Biotechnological drug use was higher in rare disease applications than in non-rare
16 diseases (37.9% vs. 19.2%, respectively; $p<0.0001$). Canakinumab was the top applied
17 biotechnological drug (73.2%). Compared to that in small-molecule drugs, the mean
18 age of patients was higher in biotechnological drug-containing applications (8.1 ± 5.3 vs
19 9.7 ± 4.9 , respectively; $p<0.0001$). Biotechnological drug use was higher in non-
20 neoplastic rare diseases (40.3%) than in neoplastic rare diseases (26.4%), ($p<0.0001$).
21 At the end of the year 2020, the approval status of the off-label indications covered in
22 2016 was significantly higher for rare (24.4%) vs. non-rare (5.2%, $p<0.0001$) diseases
23 and for biotechnological (32.3%) vs. small-molecule (13.9%, $p<0.0001$) drugs. In total,
24 87.7% of the drugs would have to be still used in the off-label setting at the end of 2020.

25 **Conclusion:** It was seen that more than three-quarters of the pediatric OLDU
26 applications are for rare diseases and the need for biotechnological OLDU in this group
27 is almost 2-fold of small-molecule drug use. While further projected findings imply a
28 higher approval tendency towards for rare diseases and biotechnological drugs, there
29 seems to be more room for improvement for pediatric drug use.

30 **Key words:** Off label drug use, pediatrics, rare disease, biotechnological drugs,
31 canakinumab

32

33 **1. Introduction**

34 Rare diseases, despite with differences in its definition, are generally considered to
35 cover diseases affecting no more than 5/10.000 people in the community [1]. Studies
36 show that rare diseases in childhood may cause sequelae in children and pose serious
37 psychological and economic burden on both families and all stakeholders of the health
38 system [1,2]. A major attempt to alleviate this burden is obviously the novel drug
39 development studies for the treatment of rare diseases. However, apart from
40 conductibility of a limited number of studies in children due to ethical reasons, it is
41 known that clinical studies in rare diseases has additional methodological challenges
42 and the pharmaceutical industry does not find it attractive always to direct research and
43 development incentives to this group [3,4]. Although granting extra privileges to
44 clinical trials for rare diseases has been on the agenda of health authorities for a long
45 time, off-label drug use (OLDU) still remains prevalent in diagnoses within the scope
46 of rare diseases [3–5]. Moreover, it is estimated that the high OLDU burden already
47 existing in children may escalate even more in the case of rare diseases [3,6–8].

48 Data on pediatric usage of biotechnological drugs is very limited [9].
49 Biotechnological drug is defined as “a human medicinal product whose active
50 ingredients or substances were produced in or purified from a biological source, where
51 the quality, manufacturing process, and audits is demonstrated by means of
52 physicochemical and biological tests” [10]. Biotechnological drugs are among the
53 treatment options in a wide range of conditions, including cancers,
54 rheumatological/immunological diseases, and nephrological diseases and they can also
55 be used in the treatment of many rare diseases in these areas [11,12]. Available
56 literature does not have shown any study about the management of rare diseases via
57 off-label drugs with a particular focus on biotechnological products [1,3]. In fact,

58 biotechnological drug utilization data is needed in rare diseases to overcome therapeutic
59 challenges in these diseases especially in the pediatric population. In this study, we
60 aimed to evaluate the use of biotechnological drugs for the rare disease in children who
61 needed off-label drugs.

62

63 **2. Materials and Methods**

64 **2.1.Data collection**

65 In this cross-sectional study, we examined OLDU applications that were conducted
66 between 1 January and 31 December 2016 in Turkey. Applications for OLDU are
67 submitted to Turkish Medicines and Medical Devices Agency (TMMDA) of Ministry
68 of Health to be evaluated and approved [13]. We reviewed single-diagnosed
69 applications for pediatric population (<18 years) submitted by pediatricians,
70 subspecialists of pediatrics, child psychiatry, and pediatric surgeons in 2016 (n=8272).
71 In this dataset, those applications belonging to a patient for the same drug during the
72 study period were determined as a repeated application and excluded (n=2480).

73 The applications were grouped according to their indicated diagnoses as rare and
74 non-rare diseases. Whether the diseases in the applications were rare or not were
75 decided according to the Orphanet database supported by the European Commission
76 [14]. The biotechnological or small-molecule status of the applied drugs was
77 determined, and their distribution was compared according to the groups. In addition,
78 single or multiple drug application status was compared in OLDU applications for rare
79 or non-rare diseases. The age, gender characteristics of the patients, and the distribution
80 of the physician's specialties were compared according to the diagnosis groups.

81 OLDU applications for rare diseases were further analyzed in detail. The drugs in
82 these applications were grouped according to the "Anatomical Therapeutic Chemical"
83 (ATC) coding system. The first five most common biotechnological and small-
84 molecule active substances were identified. The distribution of the drugs at ATC-1 level
85 was evaluated and the percentage of biotechnological or small- molecule drugs in each
86 sublevel was determined. In addition, ATC-1 level status within biotechnological and
87 small-molecule drugs was evaluated. The most frequently applied biotechnological and

88 small-molecule drug in off-label setting was determined for each ATC-1 group. The
89 mean age of patients for whom OLDU was applied and their biotechnological and
90 small-molecule drug status was compared for each ATC-1 group.

91 The distributions of the main diagnosis groups according to “International
92 Statistical Classification of Diseases (ICD)” in rare disease applications were examined
93 according to their status as biotechnological or small-molecule drugs. The most
94 frequently applied biotechnological or small-molecule drugs were examined in each
95 main diagnosis group. The diagnoses were also classified as neoplastic and non-
96 neoplastic and were compared in terms of off-label biotechnological drug use.
97 Single/multiple OLDU applications were compared whether these were made for
98 biotechnological drugs or not. These applications were also evaluated in terms of off-
99 label drugs’ pharmaceutical form and route of administration.

100 As the regulatory approval status of the drugs may alter by time owing to the
101 completion of trials, we also examined the off-label status of the drugs at the end of the
102 year 2020 in order to reflect the progression of the safe and effective use of drugs for
103 children. For this purpose, the approval status of all drugs applied for all off-label
104 indications in 2016 was analyzed as if they were applied at the end of the year 2020.
105 This projection was detailed for rare vs. non-rare diseases and for biotechnological vs.
106 small-molecule drugs.

107 **2.2. Statistical analysis**

108 Statistical analyses were made through SPSS 24.0 software. Categorical variables
109 were expressed as number/percentage and continuous variables were mentioned as
110 mean/standard deviation. The comparisons between categorical and continuous
111 variables were analyzed via chi-square and t-test, respectively. An overall 5% type-I
112 error level was used to infer statistical significance.

113 **2.3. Ethical approval**

114 The data were collected after the study was approved by Ethics Committee of

115 Institute of Health Sciences of Marmara University (Approval No: 11.09.2017/171).

116

117 **3. Results**

118 **3.1. Main findings**

119 A total of 5792 OLDU applications were detected for 4992 children in the study period.
120 It was determined that the applications with rare diseases constituted 77.7% (n=4501)
121 and that these applications were made for 3894 (78.1%) patients. There was no
122 significant difference in terms of age (8.6 ± 5.1 and 8.5 ± 5.0 , respectively) and gender
123 (boys, 52.4% and 55.4%; respectively) between children with rare diseases and non-
124 rare diseases in their applications ($p>0.05$). The need for multiple distinct off-label
125 drugs for one patient during the year was similar for rare and non-rare diseases
126 ($p>0.05$). The percentage of biotechnological drug use for rare diseases was
127 significantly higher than that for non-rare diseases (37.9% and 19.2%, respectively),
128 ($p<0.0001$), (Table 1). OLDU applications were made most frequently by pediatric
129 rheumatologists/nephrologists (28.1%) and child neurologists (39.0%) in rare and non-
130 rare diseases, respectively.

131 **3.2. Rare diseases**

132 When the drugs in the applications were examined at the ATC-1 level, the most
133 commonly encountered groups were "L-Antineoplastic and immunomodulating
134 agents" (48.2%), "A-Alimentary tract and metabolism" (12.4%) and "B-Blood and
135 blood-forming organs" (7.4%). When biotechnological drug ratio was examined in
136 each subgroup at ATC-1 level, the highest rate was "H-Systemic hormonal
137 preparations" (63.2%), followed by "L-Antineoplastic and immunomodulating agents"
138 (57.5%) and "B-Blood and blood-forming organs" (27.5%), (Figure 1).

139 When the distribution of biotechnological and small-molecule drugs in the
140 applications was analyzed at the ATC-1 level, it was found that both biotechnological
141 and small-molecule drugs more commonly belong to the "L-Antineoplastic and

142 immunomodulating agents” group (73.2% and 33.0%, respectively). Canakinumab and
143 mycophenolate were the most common biotechnological (20.8%) and small-molecule
144 (29.6%) drugs in this group. The mean age of the patients using biotechnological drugs
145 (9.7 ± 4.9 years) was significantly higher than that using small-molecule drugs (8.1 ± 5.3
146 years; $p<0.0001$). This age difference between biotechnological and small-molecule
147 drugs was preserved in patients using “A-Alimentary tract and metabolism”
148 ($p<0.0001$), “J-Anti-infectives for systemic use” ($p=0.008$), and “M-Musculoskeletal
149 system” drugs at ATC-1 level ($p=0.025$), (Table 2).

150 The most common five biotechnological drugs used off-label were canakinumab
151 (15.3%), rituximab (13.3%), eculizumab (11.2%), somatropin (10.0%), and anakinra
152 (7.9%). In small-molecule drugs, this ranking included mycophenolate (9.8%),
153 sapropterin (6.9%), iloprost (5.1%), sirolimus (4.0%), and tacrolimus (3.5%).
154 “Endocrine, nutritional and metabolic diseases” main ICD group were the most
155 commonly indications for both biotechnological (33.9%) and small-molecule drugs
156 (27.2%). The most commonly encountered biotechnological and small-molecule drug
157 in this diagnosis group was canakinumab (31.7%) and sapropterin (25.1%),
158 respectively (Table 3).

159 It was detected that 17.5% of the rare disease were neoplastic in nature. The use of
160 biotechnological drugs was significantly lower in neoplastic diseases (26.4%) than that
161 in non-neoplastic ones (40.3%), ($p<0.0001$). In rare diseases requiring multiple OLDU
162 applications, biotechnological drug utilization (31.1%) was significantly lower
163 compared to that in the diseases which needed only a single off-label drug (40.0%),
164 ($p<0.0001$), (Figure 2a and Figure 2b).

165 Analysis of off-label drug administration routes showed that the drugs were
166 administered with injectable forms (49.1%), followed by enteral (47.1%) and other

167 administration routes (3.8%). In almost all biotechnological drug applications, the route
168 of administration was injection (99.6%), whereas the injectable forms constitute 18.2%
169 of small-molecule drugs.

170 **3.3. Projected off-label status**

171 We identified that 20.1% (n=1163) of the off-label indications covered in 2016 would
172 have been approved as of the 1 January 2021. This projection was significantly more
173 pronounced for rare diseases (24.4%) vs. non-rare diseases (5.2%, $p<0.0001$) and for
174 biotechnological drugs (32.3%) vs. small-molecule drugs (13.9%, $p<0.0001$). In terms
175 of the all drugs applied for off-label use in 2016 (n=353), twelve drugs (3.4%) had been
176 approved for those particular indications until 2021 whereas 33 drugs (9.3%) were
177 partially approved for certain indications. The rest (87.3%) was observed to be used in
178 the off-label setting until the end of year 2020.

179

180

181 **4. Discussion**

182 This was the first study that focused off-label biotechnological drug use in children at
183 national level, where important findings were obtained that may help to manage rare
184 diseases. Pediatric population requires additional care in drug use and frequently needs
185 OLDU [3]. The management of rare diseases in this group, which already has limited
186 drug use data, is a special area with unique balances. Despite the incentives for clinical
187 trials in rare diseases, the number of drugs approved for use in these diseases still
188 remains low [15,16]. Considering that 95% of rare diseases do not have approved
189 treatment, it is often expected to refer to OLDU in rare diseases in children [15,17].
190 This was supported by our finding that more than three quarters of OLDU applications
191 in children were rare diseases. Although rare diseases are thought to affect a restricted
192 population, 8% of the society were reported be faced with a congenital or acquired rare
193 disease [2,18]. Around 8000 rare diseases have been described worldwide, 70% of
194 which had a pediatric onset [15,17]. Considering the population of children in Turkey
195 [19], rare diseases (n=3894) that need to be referred to the health authority to be
196 managed by off-label drugs can be said to affect 17 out of every 100,000 children.

197 As with this study, another study conducted in Turkey in 2015 on the use of OLDU
198 in children reported that applications were made more frequently for male patients [8].
199 Although this may suggest a country-specific difference at first glance, studies in other
200 countries based on drug use in children also reported similar findings, especially in
201 younger children [20,21].

202 Biotechnological drug use is on an increasing trend across the globe. Similarly,
203 studies focused on new drug development show that the number of biotechnological
204 drugs increases with a rising momentum [22,23]. It is known that many new drugs have
205 been developed in recent years and biotechnological methods have been used in this

206 process, especially in rare diseases which are a common area of need for alternative
207 treatment [15,23]. In our study, the use of off-label biotechnological drugs in rare
208 diseases is approximately twice that of non-rare diseases, indicating the need for
209 biotechnological drugs in the management of rare diseases in children. Although no
210 enough data has been found on the overall biotechnological drug utilization in children,
211 it has been reported that it is frequently used in immunocompromised conditions and
212 that childhood cancers are one of the areas where biotechnological drug use is most
213 needed [9]. Considering the area covered by these conditions in rare diseases, it can be
214 said that the findings obtained in our study are partially compatible with the literature.
215 On the other hand, it can be stated that when off-label drugs are required in rare
216 diseases, it is important that above one of the three drugs applied is biotechnological in
217 terms of quantitative representation of the need in this area. This high utilization rate
218 and further pharmacoepidemiological study findings are expected to provide the basis
219 for on-label use of biotechnological drugs in rare diseases. Moreover, despite this
220 increasing trend of biotechnological drug use in rare diseases, information on the
221 pharmacokinetics, pharmacodynamics and pharmaceutical application of these drugs is
222 still limited in children -especially those with rare diseases- compared to small-
223 molecule drugs [9]. Besides, the use of biotechnological drugs other than the indications
224 for which they are licensed takes place through extrapolation [24]. Considering their
225 use in rare diseases, it may be suggested that the existing risk management plans of
226 these drugs may be more likely to accompany various uncertainties in rare disease-
227 oriented practice and that additional challenges may arise, indicating the need for
228 additional measures.

229 Consistent with the results of the previously reported OLDU-focused study in
230 Turkey, we determined that nearly half of the drugs applied for rare diseases belonged

231 to the antineoplastic and immunomodulating agents [7]. This main group was ranked
232 first in both biotechnological and small-molecule drugs for rare disease applications.
233 This may have been due to the procedure related to the application of OLDU in Turkey,
234 rather than the fact that biotechnological drug use in rare diseases brought this main
235 group to the top rank. In fact, the literature findings outside Turkey showed that the
236 mostly encountered off-label used drugs in children indicated other drug groups [6,25].
237 This can be attributed to the diversity of different countries in OLDU-related practices.
238 For instance, drugs in antineoplastic and immunomodulating agents group can be used
239 after meeting more rigorous clinical requirements than do other drugs due to their
240 difficulty in safety, cost, and compliance [9]. The fact that the OLDUs included in our
241 study did not cover “routine use of off-label drugs that do not require additional
242 procedures”, but consisted of OLDUs that are subject to the application to the health
243 authority may have led to this risky drug group being the main group most commonly
244 encountered.

245 Although the definition of orphan drug covers drugs from different groups for
246 different reasons, it is a commonly used concept for many drugs used in the treatment
247 of rare diseases due to its small market share [16]. It is noteworthy that in our study,
248 the most common biotechnological drug was canakinumab, and the small-molecule
249 drug was mycophenolate. In addition, canakinumab was observed to be the most
250 common biotechnological drug in applications containing endocrine, nutritional and
251 metabolic diseases which is the most common diagnostic group. In fact, both these
252 drugs were reported to be at the top in other studies on OLDU in Turkey [7,8,26].
253 Canakinumab, a recombinant human monoclonal antibody, is an interleukin-1 beta
254 inhibiting orphan drug. Systemic juvenile idiopathic arthritis and extremely rare
255 cryopyrin-associated periodic syndromes (CAPS) constitute the main indications of this

256 drug [27]. Another monoclonal antibody, eculizumab, which was reported to be the
257 most frequently encountered drug in pediatric OLDU practice in Turkey [8], ranked
258 third in our study.

259 The mean age of the patients that required off-label biotechnological drugs was
260 observed to be higher than that of those requiring small-molecule drugs. This might be
261 attributed to several reasons. The first may be that the diagnosis of diseases requiring
262 biotechnological drugs, such as amyloidosis which is common in OLDU applications,
263 can be diagnosed in older age groups [8,9,28]. Another important reason is that access,
264 application, awareness, cost-effectiveness, reimbursement condition, etc. aspects of the
265 small-molecule drugs can bring up its use before biotechnological drugs [1,29].
266 Therefore, this age-related condition can be explained by the fact that physicians are
267 likely to apply for biotechnological drugs later for children with rare diseases requiring
268 OLDU.

269 The status of neoplastic cases in rare diseases is another debatable point of the
270 research. It was reported that 11.1% of rare diseases identified in Orphanet was
271 neoplastic [18]. We found that around one-sixth (17.5%) of rare diseases have
272 neoplastic origin. We further observed that biotechnological drugs were required less
273 frequently for neoplastic rare diseases than non-neoplastic ones. Various studies
274 reported that neoplastic diseases constituted the main indication group that had the
275 highest number of drug development studies and orphan drug approval among rare
276 diseases [4,16,23]. This difference seems to suggest that there may be more alternative
277 drugs for the treatment of neoplastic rare diseases.

278 The high share of nearly 80% covered by rare diseases in OLDU raises the question
279 of whether the management of rare diseases with OLDU is routine or a mandatory
280 practice arising from seeking treatment. While the method of the study did not allow

281 for direct answer to this, we observed that one off-label drug was sufficient for at least
282 one year in three out of every four applications in both rare and non-rare diagnoses.
283 This shows the tendency of the situation in the diseases that need OLDU to be partially
284 controlled with a single off-label drug. Accordingly, it can be inferred that management
285 of these diseases could be maintained routinely with OLDU, rather than seeking
286 treatment, at least during the study period, but this was not unique to rare diseases. On
287 the other hand, it was determined that biotechnological drug use in rare diseases
288 requiring multiple applications of OLDU was lower than those requiring application
289 for a single drug. This difference may be related to the tendency of physicians not to
290 replace biotechnological drugs or not to add new biotechnological drugs in the same
291 year in a sensitive therapeutic area like rare diseases. In other words, it can be said that
292 although biotechnological drugs are often used in rare diseases, the physicians tend to
293 insist more on their off-label drug choices. These findings highlight the importance of
294 investigating the use of off-label biotechnological drugs in rare diseases.

295 Projected approval status of the OLDU showed that one-fifth of this special drug
296 use turned into routine clinical practice between 2016 and 2021. We observed that this
297 possibility was near 5-fold higher in rare diseases and 2.3-fold higher for
298 biotechnological drugs, which seems to be consistent with ongoing efforts in these
299 therapeutic areas [15,16,23]. On the other hand, the fact that only 12.7% were approved
300 or partially approved during 4 years may suggest that there is further room for
301 improvement for pediatric OLDU.

302 Various research reported that the proportion of parenteral drugs prescribed by
303 routine prescribing procedure in Turkey was between 4-6% [30]. However, in OLDU,
304 which is a non-routine application, this rate was reported to escalate up to 38% [7], with
305 no data on pediatric population. In our study, the distribution of injectable forms found

306 in rare diseases in children increased approximately 10 times of the routine practice,
307 and the share of enteral and injectable pharmaceutical forms was almost equal. This
308 situation can be partly explained by the fact that more than 1/3 of the drugs used in the
309 management of rare diseases with OLDU were biotechnological drugs in our study. We
310 further noticed that near all biotechnological drugs were administered to the patient in
311 injectable forms. In fact, although various studies are under way to deliver
312 biotechnological drugs in different pharmaceutical forms, intravenous and
313 subcutaneous routes are still the most common ways of administration in
314 biotechnological drug [31]. On the other hand, we observed that the proportion of
315 injectable drugs in off-label use of small-molecule drugs in children was approximately
316 five times higher than that of routine use. This suggests that injectable pharmaceutical
317 forms are more common in OLDU setting than in routine practice, even considering
318 only small-molecule drugs.

319 The main limitation of this research was that all of the data accessed were OLDU
320 applications with no other medical records of patients. Such lack of data may
321 underestimate the actual reasons that may have led the physician to apply for OLDU,
322 including prior drug use experiences for this indication, other drug use-related
323 ineffectiveness/adverse effects experience, or comorbid conditions. In addition, the use
324 of the Orphanet database in the classification of rare diseases can be considered as a
325 relative limitation because the rare diseases that do not exist in this database could not
326 be included.

327 In conclusion, the details of particularly biotechnological product-oriented
328 OLDU in pediatric rare diseases were described for the first time in a country-level. It
329 is observed that the majority of OLDU applications made for children consists of rare
330 diseases and that physicians tend to prefer biotechnological drugs more often in these

331 diseases. While projected findings imply a higher approval tendency towards for rare
332 diseases and biotechnological drugs, the need for improvement still seems to remain
333 for routine safe and effective pediatric drug use. Important findings obtained in the
334 study, especially those specific to biotechnological drugs, are expected to help manage
335 the pharmacotherapy process in this fragile population in a way that would be less likely
336 to require off-label drugs.

337

338 **Conflict of interest:**

339 The authors declare that they have no conflict of interest.

340 **Funding:**

341 This work has been supported by Marmara University Scientific Research Projects
342 Coordination Unit under grant number SAG-C-DRP-150218-0034.

343 **Acknowledgements:** The authors thank to Dr. Ibrahim Yaradilmis and other respective
344 staff/consultants of TMMDA for their assistance in data collection.

345

346

347

348 **References**

- 349 [1] IOM (Institute of Medicine). Rare Diseases and Orphan Products: Accelerating
350 Research and Development. Washington, DC: The National Academies Press;
351 2010.
- 352 [2] Elliott EJ, Zurynski YA. Rare diseases are a “common” problem for clinicians.
353 *Australian Family Physician* 2015; 44 : 630–633.
- 354 [3] World Health Organization. Promoting Safety of Medicines for Children, 2007.
355 ISBN: 9789241563437.
- 356 [4] European Commission. State of Paediatric Medicines in the EU: 10 years of the
357 EU Paediatric Regulation, COM 2017; 626.
- 358 [5] Liang BA, Mackey T. Reforming off-label promotion to enhance orphan disease
359 treatment. *Science* 2010; 327: 273–274. doi:10.1126/science.1181567
- 360 [6] Moulis F, Durrieu G, Lapeyre-Mestre M. Off-label and unlicensed drug use in
361 children population. *Therapie* 2018; 73: 135–149.
362 doi:10.1016/j.therap.2018.02.002
- 363 [7] Özdamar EN, Akıcı A, Alkan A, Bayar B, Gürsöz H. A nationwide evaluation
364 of off-label drug utilization in Turkey. *Turkish Journal of Medical Sciences*
365 2017; 47: 1229–1238. doi:10.3906/sag-1609-129
- 366 [8] Akıcı N, Kırmızı Nİ, Aydın V, Bayar B, Aksoy M, Akıcı A. Off-label drug use
367 in pediatric patients: A comparative analysis with nationwide routine
368 prescription data. *Turk Journal of Pediatrics* 2020; 62: 949–961.
369 doi:10.24953/turkjped.2020.06.006
- 370 [9] Stachnik J, Gabay M. Biologics in Pediatrics. In: Field M, Boat T, editors. Safe
371 and Effective Medicines for Children: Pediatric Studies Conducted Under the
372 Best Pharmaceuticals for Children Act and the Pediatric Research Equity Act.
373 National Academies Press (US): Washington (DC), 2012
- 374 [10] TC Sağlık Bakanlığı, Türkiye İlaç ve Tıbbi Cihaz Kurumu. Biyobenzer Tıbbi
375 Ürünler Hakkında Kılavuzu Taslağı, Ankara.
- 376 [11] O’neil DA. A better fit? Biotech versus Big Pharma in orphan/rare disease drug
377 research. *Expert Opinion on Orphan Drugs* 2014; 2: 317–319.
378 doi:10.1517/21678707.2014.900433
- 379 [12] Kamusheva M, Manova M, Savova AT, Petrova GI, Mitov K et al. Comparative
380 analysis of legislative requirements about patients’ access to biotechnological

- 381 drugs for rare diseases in central and Eastern European countries. *Frontiers in*
382 *Pharmacology* 2018; 9. doi:10.3389/fphar.2018.00795
- 383 [13] T.C. Sağlık Bakanlığı Türkiye İlaç Tıbbi Cihaz Kurumu. Endikasyon Dışı İlaç
384 Kullanım Kılavuzu, 09 Şubat 2019, Ankara.
- 385 [14] Pavan S, Rommel K, Mateo Marquina ME, Höhn S, Lanneau V et al. Clinical
386 Practice Guidelines for Rare Diseases: The Orphanet Database. *PLoS ONE*
387 2017; 12(1): e0170365. doi: 10.1371/journal.pone.0170365
- 388 [15] de Vruet R, Baekelandt E, de Haan J. Background Paper 6.19 Rare Diseases,
389 2013.
- 390 [16] Weda M, Hoebert J, Moltó Puigmarti C, Damen N, Marchange S et al. Study on
391 off-label use of medicinal products in the European Union 2017.
- 392 [17] The Lancet Diabetes & Endocrinology. Spotlight on rare diseases. *Lancet*
393 *Diabetes Endocrinology* 2019; 7: 75. doi:10.1016/S2213-8587(19)30006-3
- 394 [18] Nguengang Wakap S, Lambert DM, Olry A, Rodwell C, Gueydan C et al.
395 Estimating cumulative point prevalence of rare diseases: analysis of the
396 Orphanet database. *European Journal of Human Genetics* 2020; 28: 165–173.
397 doi:10.1038/s41431-019-0508-0
- 398 [19] Turkish Statistical Institute. Regional Statistics of 2016.
- 399 [20] Sturkenboom MCJM, Neubert A, Cantarutti L, Picelli G, Caudri D et al. Drug
400 use in children: cohort study in three European countries. *British Medical Journal*
401 2008; 337: a2245. doi:10.1136/bmj.a2245
- 402 [21] Thrane N, Sørensen HT. A one-year population-based study of drug
403 prescriptions for Danish children. *Acta Paediatrica* 1999; 88: 1131–1136. doi:
404 10.1080/08035259950168216
- 405 [22] Vural EH, Yılmaz EŞ, Bektemür G, Vural İM, Bayar B, Gürsöz H. Evaluation
406 of top-selling biotechnological medicine from 2003 to 2016 in Turkey. *The*
407 *Medical Bullin of Haseki* 2019; 57: 108–113.
408 doi:10.4274/haseki.galenos.2018.4566
- 409 [23] IMS Institute for Healthcare Informatics. IMS Institute for Healthcare
410 Informatics. *Global Medicines Use in 2020*.
- 411 [24] Kos IA, Azevedo VF, Neto DE, Kowalski SC. The biosimilars journey: Current
412 status and ongoing challenges. *Drugs Context* 2018; 7: 1–13.
413 doi:10.7573/dic.212543
- 414 [25] Nir-Neuman H, Abu-Kishk I, Toledano M, Heyman E, Ziv-Baran T, Berkovitch

- 415 M. Unlicensed and Off-Label Medication Use in Pediatric and Neonatal
416 Intensive Care Units: No Change Over a Decade. *Advances in Therapy* 2018;
417 35: 1122–1132. doi:10.1007/s12325-018-0732-y
- 418 [26] Bayram D, Kırmızı Nİ, Özdamar EN, Bayar B, Gürsöz H, Akıcı A. Investigation
419 of the Off-Label Drug Use at Provincial and Regional Levels. *Gazi Medical*
420 *Journal* 2018; 29: 312–318. doi: 10.12996/gmj.2018.85
- 421 [27] Food and Drug Administration. *Ilaris Prescribing information*.
- 422 [28] Yazılıtaş F, Aydoğ Ö, Özlü SG, Çakıcı EK, Güngör T et al. Canakinumab
423 treatment in children with familial Mediterranean fever: report from a single
424 center. *Rheumatology International* 2018; 38: 879–885. doi:10.1007/s00296-
425 018-3993-5
- 426 [29] Gillick MR. Controlling Off-label Medication Use. *Annals of Internal Medicine*
427 2009; 150: 344–347. doi: 10.7326/0003-4819-150-5-200903030-00108
- 428 [30] Dönertaş B, Alkan A, Mollahaliloğlu S, Seçkin C, Akıcı A. Investigation of
429 Parenteral Drug Use in Family Health Care Centers Across 32 Provinces of
430 Turkey. *Anatolian Journal of Clinical Investigation* 2013;7:31–40.
- 431 [31] Quintiles IMS. *Disruption and maturity: The next phase of biologics*, 2017.
- 432
- 433

434 **Table 1.** Patient and drug characteristics of OLDU applications based on rare disease
 435 status of the diagnoses.

		Indication for off-label drug use	
		Rare disease	Non-rare disease
Mean age, years (\pm SD)*		8.6 \pm 5.1	8.5 \pm 5.0
Gender*	Boys	2041 (52.4)	608 (55.4)
	Girls	1853 (47.6)	490 (44.6)
OLDU applications for	Single drug	3412 (75.8)	961 (74.4)
	Multiple drugs	1089 (24.2)	330 (25.6)
Class of drug [§]	Small-molecule	2797 (62.1)	1043 (80.8)
	Biotechnological	1704 (37.9)	248 (19.2)
Total OLDU applications, n (%)		4501 (77.7)	1291 (22.3)

436 OLDU, off-label drug use. *Age and gender data were based on the number of patients (n=4992); [§]p<0.0001

437

438

439 **Table 2.** Distribution of ATC-1 groups based on the biotechnological and small-
 440 molecule status of drugs in rare disease applications.

ATC-1 code	Biotechnological drugs			Small-molecule drugs		
	n, (%)	Mean age ± SD	Most frequent drug, (%)	n, (%)	Mean age ± SD	Most frequent drug, (%)
A	103, (6.0)	9.1±3.7 [#]	Elosulfase alfa, (89.3)	454, (16.2)	5.0±4.5	Sapropterin, (42.5)
B	92, (5.4)	8.8±5.2	Coagulation factor VIIa, (32.6)	242, (8.7)	9.2±4.9	Iloprost, (59.1)
C	-	-	-	219, (7.8)	8.2±5.3	Bosentan, (33.8)
D	-	-	-	73, (2.6)	4.5±3.3	Isotretinoin, (95.9)
G	-	-	-	161, (5.8)	8.6±5.4	Sildenafil, (54.0)
H	172, (10.1)	9.3±4.3	Somatropin, (99.4)	100, (3.6)	9.2±5.2	Hydrocortisone, (28.0)
J	60, (3.5)	8.6±5.7 [#]	Intravenous immunoglobulin, (86.7)	216, (7.7)	6.4±5.2	Valganciclovir, (37.5)
L	1248, (73.2)	9.8±5.0	Canakinumab, (20.8)	923, (33.0)	10.0±4.9	Mycophenolate, (29.6)
M	12, (0.7)	12.6±5.0 [#]	Denosumab, (100.0)	128, (4.6)	8.8±3.8	Ataluren, (35.2)
N	-	-	-	68, (2.4)	9.2±4.9	Trihexyphenidyl, (22.1)
P	-	-	-	16, (0.6)	1.9±3.6	Pyrimethamine, (100.0)
R	13, (0.8)	9.3±5.9	Omalizumab, (53.8)	52, (1.9)	7.9±5.1	Mannitol, (51.9)
S	-	-	-	3, (0.1)	11.3±9.1	Dexamethasone, (66.7)
V	-	-	-	126, (4.5)	6.6±5.5	Calcium folinate, (52.4)
Others*	4, (0.2)	10.5±4.8	-	16, (0.6)	7.5±6.0	-
Total	1704, (100.0)	9.7±4.9 [#]	Canakinumab, (15.3)	2797, (100.0)	8.1±5.3	Mycophenolate, (9.8)

441 *A, Alimentary tract and metabolism; B, Blood and blood forming organs; C, Cardiovascular system; D,*
 442 *Dermatological; G, Genito urinary system and sex hormones; H, Systemic hormonal preparations, excl. sex*
 443 *hormones and insulins; J, Anti-infectives for systemic use; L, Antineoplastic and immunomodulating agents; M,*
 444 *Musculoskeletal system; N, Nervous system; P, Antiparasitic products, insecticides and repellents; R, Respiratory*
 445 *system; S, Sensory organs; V, Various; *, Applications that have no defined ATC code). * Applications for drugs*
 446 *with no ATC code. # p<0.05 biotechnological vs. conventional drugs group.*

447

448

449 **Table 3.** Distribution of main diagnosis groups based on their biotechnological or
 450 small-molecule drug status.

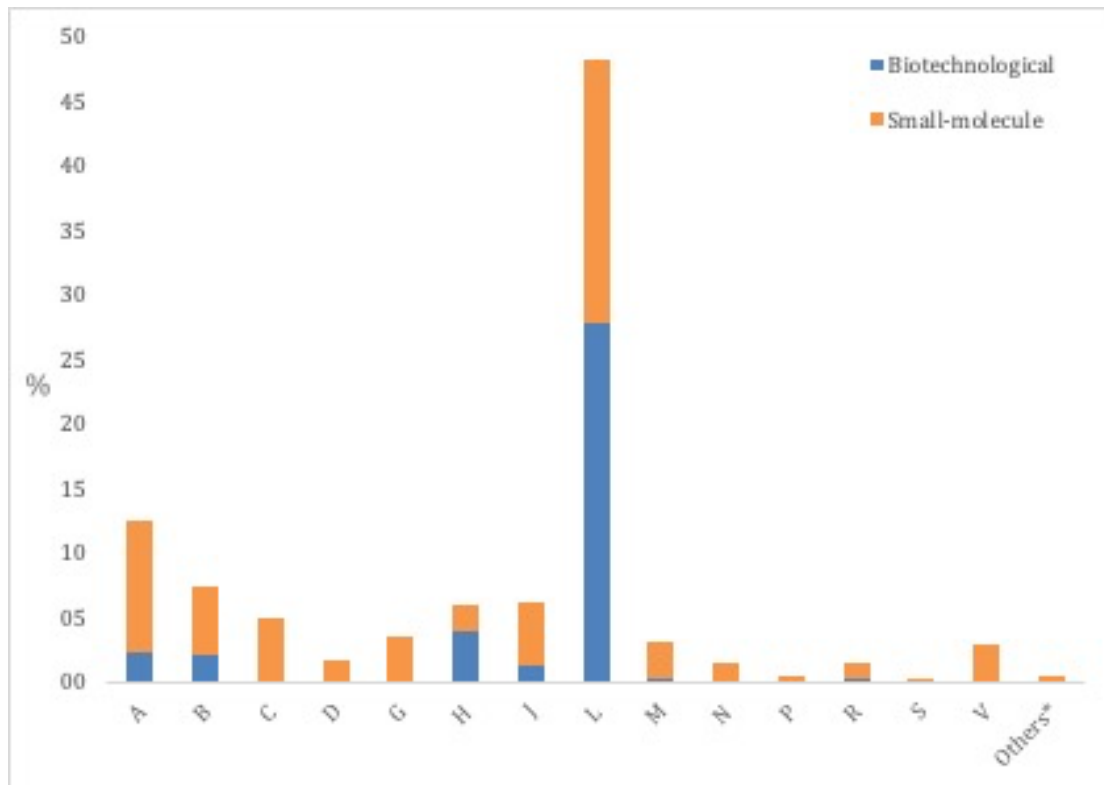
Main diagnosis group	Biotechnological drugs		Small-molecule drugs	
	n (%)	Most frequent drug, (%*)	n (%)	Most frequent drug, (%*)
Certain infectious and parasitic diseases	12 (0.7)	Interferon beta-1a, (41.7)	85 (3.0)	Valganciclovir, (44.7)
Neoplasms	208 (12.2)	Bevacizumab, (21.6)	579 (20.7)	Isotretinoin, (11.9)
Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism	350 (20.5)	Eculizumab, (50.0)	222 (7.9)	Eltrombopag, (26.6)
Endocrine, nutritional and metabolic diseases	578 (33.9)	Canakinumab, (31.7)	761 (27.2)	Sapropterin, (25.1)
Diseases of the nervous system	34 (2.0)	Rituximab, (41.2)	205 (7.3)	Ataluren, (22.0)
Diseases of the eye and adnexa	2 (0.1)	Rituximab, (100.0)	14 (0.5)	Idebenone, (35.7)
Diseases of the circulatory system	6 (0.4)	Dornase alfa, (50,0)	431 (15.4)	Iloprost, (32.7)
Diseases of the respiratory system	5 (0.3)	Dornase alfa, (40,0)	2 (0.1)	Pamidronic acid, (50.0)
Diseases of the digestive system	14 (0.8)	Denosumab, (50.0)	22 (0.8)	Mycophenolate, (36.4)
Diseases of the skin and subcutaneous tissue	5 (0.3)	Intravenous immunoglobulin, (20.0)	9 (0.3)	Flutamide, (44.4)
Diseases of the musculoskeletal system and connective tissue	330 (19.4)	Adalimumab, (29.7)	89 (3.2)	Mycophenolate, (69.7)
Diseases of the genitourinary system	127 (7.5)	Rituximab, (84.3)	249 (8.9)	Mycophenolate, (56.6)
Certain conditions originating in the perinatal period	1 (0.1)	Factor VIII inhibitor bypassing activity, (100.0)	54 (1.9)	Calcium folinate, (29.6)
Congenital malformations, deformations and chromosomal abnormalities	32 (1.9)	Somatropin, (96.9)	75 (2.7)	Sirolimus, (36.0)
Total	1704 (100.0)	Canakinumab, (15.3)	2797 (100.0)	Mycophenolate, (9.8)

451 *Percentage of drugs that are used in the diagnosis group column below.

452

453 **Figures:**

454



455

456 **Figure 1.** Distribution of the biotechnological and small-molecule drugs by ATC-1

457 category in rare disease applications [A, Alimentary tract and metabolism (n=557); B, Blood and blood forming

458 organs (n=334); C, Cardiovascular system (n=219); D, Dermatological (n=73); G, Genito urinary system and sex hormones

459 (n=161); H, Systemic hormonal preparations, excl. sex hormones and insulins (n=272); J, Anti-infectives for systemic use (n=276);

460 L, Antineoplastic and immunomodulating agents (n=2171); M, Musculoskeletal system (n=140); N, Nervous system (n=68); P,

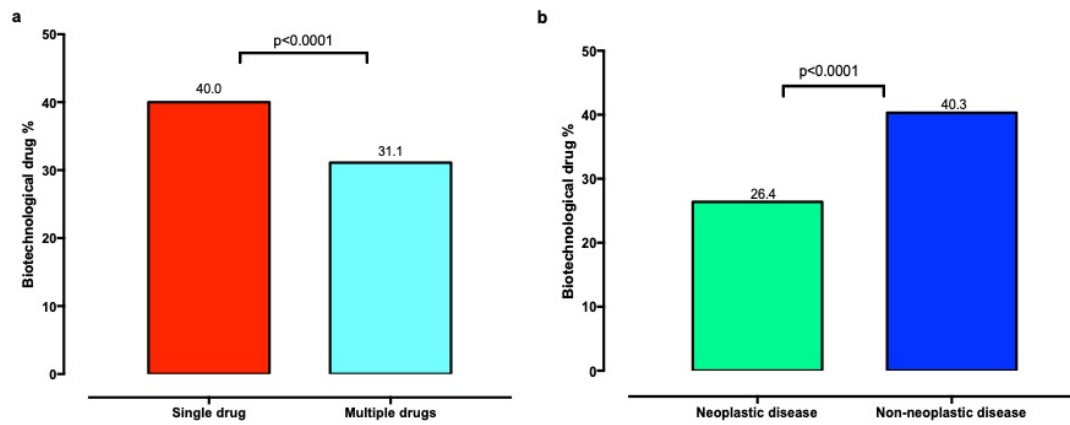
461 Antiparasitic products, insecticides and repellents (n=16); R, Respiratory system (n=65); S, Sensory organs (n=3); V, Various

462 (n=126); *, Applications that have no defined ATC code (n=20)].

463

464

465



466

467 **Figure 2.** Comparison of biotechnological drug use in terms of a) rare disease requiring

468 single drug vs rare disease requiring multiple drugs and b) neoplastic rare vs. non-

469 neoplastic rare diseases.

470